

TRAIL RIDING IN CONNECTICUT



Listed below are several favorite spots to ride in CT. For more information on CT State Parks and Forests and maps, please go to the DEP website:

<http://dep.state.ct.us/stateparks/recinfo/horseback.htm>

The Dept of Transportation also has a website "Pathways through Connecticut, in which information and maps can be found of several Greenways, some of which are a stone dust surface, suitable for trail riding. This website can also be accessed through the DEP site listed above.

Airline State Park Multiple use linear trail

North Section - Contact: Mashamoquet Brook State Park 860-928-6121

South Section - Contact: Salmon River State Forest 860-295-9523

Bluff Point State Park Depot Rd. Groton, CT 860-445-1729

A loop with views of Long Island Sound and beach rides. Picnic tables, Porto - johns, & maps.

Directions: Intersection of CT117 & US 1 in Groton. Drive west on US 1 to Depot Rd. Go past Industrial Rd. and under railroad tracks to parking.

Cockaponset State Forest Ranger Rd. Haddam, CT 860-345-8521

15,000 acre monument to the Civilian Conservation Corp. (1993-1941)

From CT 9 take Exit 6 to CT 148. West on 148. Go 1.5 miles to Cedar Lake Rd. and turn right. Go 1.5 miles to Lake Pattaconk Recreation Area and turn left into parking lot.

Collis P. Huntington State Park Bethel, CT Contact: Squantz Pond SP 203-797-4165

800 acres with old woods roads

Directions: Junction of CT 302 & CT 58 in Bethel. Go south on CT 58

For 1.3 miles. Bear left, then right onto Sunset Hill Rd. Go 2.2 miles & turn left into Park.

Day Pond State Park, Colchester, CT 860-295-9523

Picnic tables, water, & out house

Directions: Take Exit 16 off RTE 2, South on RTE 149. Go 3 miles & take right into Park.

Gay City State Park Heron, CT 860-295-9523

2,000 acres of parkland offering trails, picnic tables, fishing, swimming,

Drinking water, flush toilets & telephone. Maps available. Charge for parking inside gates on weekends. Free parking outside.

Directions: In the northern section of the town of Heron. Entrance is on RTE 85 and can be reached by taking the Rte 85 exit off RTE 384 and traveling south.

Green Falls State Forest Sand Hill Rd. Voluntown, CT

Trails around pond.

Directions: Junctions of CT 49, 138 & 165 in Voluntown. Drive south on CT 49 for 4 miles. Look for sign.

James L. Goodwin State Forest Hampton, CT 860-455-9534

Marked trail around Goodwin Pond. 1/4 mile away from Airline State Park Trail on back road past parking lot.

Directions: Parking on Potter Rd. 1 mile west of Junction RTE 6 & 97 RTE 6 off of I 395.

Larkin State Bridle Trail Southbury, CT 203-264-5169

11 mile wildlife corridor of scenic & historic areas, dedicated by the late Charles Larkin to the State of CT as a designated State Bridal Trail.

Directions: Take I 84 West to Exit 17. Right off ramp to 4-way intersection. At light take left onto Route 63 South. Travel total of 2.6 miles passing through 3 traffic lights. Look for signs to trail - Gravel Parking lot on right. From 84 East take Exit 17. Right off ramp onto Route 63 South. Follow directions above.

Mohawk State Forest Cornwall, Goshen, Litchfield, CT 860-927-3238

3,000 + acres with scenic vistas to the north & west that include the Catskill, Taconic & Berkshire ranges atop the historic 1,683 foot Mohawk Mountain.

Directions: From Rte 4 in Goshen toward Cornwall turn left on Allyn Rd.

To Mohawk Mountain Rd. Follow to Headquarters & parking area.

Natchaug State Forest Eastford, CT 860-928-6121

10,827 acres in Ashford, Eastford, Chaplin, Promfret, Hampton

Lost Silvermine Horse Camp

30 Camping sites for horse riders only- no charge- Marked trails and good dirt roads for driving. Water & toilets. Maps available at Unit Headquarters.

Directions: North on RTE 97 off RTE 6 in Hampton. Go through

Center, left on Station Rd. to gravel road on right. Bear left, then right on Kings Road to the camp.

Nepaug State Forest Route 202, New Hartford, CT 860-379-2469

1203 acres of forest with multiple use trails and roads, with Yellow

Diamond markers. No facilities.

Directions: Off road parking adjacent to Forest entrance on RTE 202.

Nipmuck State Forest Union, CT 860-684-3430

7,862 acres of forest. Union, CT, Wales & Southbridge, MA

Bigelow Hollow State Park

Logging roads around Breakneck Pond, Picnics, boat launch.

Directions: Park entry off Route 171 in Union, CT

Pachaug State Forest Voluntown, CT 860-376-2920

Frog Hollow Horse Camp

Campsites for horse riders. Yellow Diamond Markers on trails and dirt roads. Maps available .

Directions: Exit 85 on I 395 toward Voluntown. Take RTE 49 North at

Junctions of RTE 138 & 49. Take Headquarters RD. to Camp.

Rocky Neck State Park East Lyme, CT 860-739-5471

1.6 miles in park available for multiple use. Start at first large parking area on right - trails & fields. NO BEACH RIDES

Directions: Take Exit 72 off I 95 to RTE 156. Go left (east). Follow signs to park. Day use admission fee.

Roraback Wildlife Management Area Harwinton, CT 860-677-1819

2222 acres Harwinton & Thomaston CT

Directions: From Rte 8 North take exit for RTE 118 to Harwinton. Take

Right on South Rd. Parking at end.

Shenipsit State Forest Stafford, CT 860-684-3430

2,000 acres Ellington, Somers & Stafford Springs, CT

Yellow Diamond Markers

Directions: From Rte 190 in Somers, CT take Gulf Road to parking area.

Sleeping Giant State Park Hamden, CT 203-789-7498

1,200 acres Horse Trail marked. Map and picnic area at main entrance.

Directions: Take Rte 10 to Mount Carmel Ave.

Topsmead State Forest Litchfield, CT 860-567-5694

Call for Directions & parking.

White Memorial Foundation Litchfield, CT 860-567-0857

Miles of dirt roads and trails. Clubs or large groups must file an itinerary and insurance certificate if starting a ride on the grounds. Maps available for purchase at the Museum house.

Directions: Off RTE 202 / Bissell Rd. Parking in field (unmowed) to the rear of the museum, along White Woods Road, and small also a small area on Webster Rd.

